



# How to become an Accredited Professional Coach

## Step 1: Training in Professional Coaching Skills.

This programme covers the first half of the requirements for ACTP by the International Coach Federation. It is endorsed by the Institute of Leadership and Management (ILM) and recognised by the Association for Coaching. At the end of this course you will be qualified to deliver coaching in business situations and will have the tools to use coaching effectively and safely.

The course includes Coaching theory and key coaching skills, NLP, clean language, symbolic Modelling, sandplay & creative coaching, knowing yourself as a coach, potential & possible blockages to potential, generating high quality feedback & use of the Johari window, using & expanding the GROW model, levels of listening, psychometrics, ethics & codes of practice, supervision of coaches and coaching practices.

ACTP

Qualified as a Professional Coach and in Extended DISC Feedback. Can apply for AC accreditation.

## Step 2: Higher Training in Professional Coaching Skills.

This is part 2 of the ACTP by the ICF. It is endorsed by the Institute of Leadership and Management (ILM) and recognised by the Association for Coaching. This course will transform your coaching skills with an understanding and practical application of organisational development, team coaching, mentoring and coaching supervision as well as providing you with even more powerful tools to increase the value and impact of your coaching.

Qualified as a Coach Supervisor, Team Coach and in iWAM feedback. Can apply for ICF accreditation.

## Step 3: Trainer's Training

This course is open to all NLP Master Practitioners or Accredited Coaches, or Accredited Psychotherapists who wish to obtain an academically recognized certificate in order to deliver accredited training programmes in your chosen field.

Qualified as a Trainer of Coaching, NLP or Therapy to an academically recognised level.